

## Get relief with Inspire therapy at UC Davis Health

Inspire therapy is a breakthrough sleep apnea treatment that works inside your body with your natural breathing process. Simply turn Inspire therapy on before you go to bed and off when you wake up.

No mask, no hose, no noise.

For more information, call 916-734-8169
Resources are also available on our website:
health.ucdavis.edu/otolaryngology/specialty/snoring-sleep-surgery



