

## **Guide to COMPLEX PATIENT EXEMPLAR**

- Describe a complex patient and your nursing interventions related to at least 3 out of these 4 categories:
  - Diagnosis
  - Treatments/Interventions/Events
  - Psych/Social Issues
  - Continuity/Transition
- The scenario you choose must have occurred within 2 years prior to your portfolio submission date
- Must cite at least TWO evidence-based practice nursing articles and **ONE nursing theory** related to your nursing interventions
- Type the exemplar in a clear, professional, understandable style
- Maintain the privacy of the patients, families or other staff by using initials only
- A Complex Patient Exemplar may only be submitted once per 3 year period
- Consider the following to describe in the exemplar:
  - A clinical situation that was positively impacted by your practice
  - How your nursing care resulted in a positive or rewarding experience for the patient
  - Why your actions were important and why the actions may have been different from someone with less experience
  - How you used fine discretionary judgment and/or intuitive use of knowledge
  - Identify barriers to patient or self-care
  - Prioritization of interventions
  - Managing multiple resources
  - Compassion and empathy
  - Evaluation of debriefing
  - Show clinical decisions making (assess-intervene-revise-evaluate)
  - Relate to policies, standards of care
  - How you demonstrated excellence
  - What was learned
  - Incorporated diversity in your care
  - Future implications for patient care