

# Care Resources: In Home & Out of Home

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## Adult Day Health Care

Adult Day Health Care (ADHC) is licensed community-based day care programs offering services such as medical services, physical therapy, occupational therapy, speech therapy, personal care services, social services, nutritional counseling, meals while at the center. Some facilities may offer transportation to and from center as well. ADHC services are either paid by Long Term Care Insurance or privately. Medi-Cal recipients may qualify under the Community Based Adult Services (CBAS) program. Please contact the center directly for specific services and payment options.

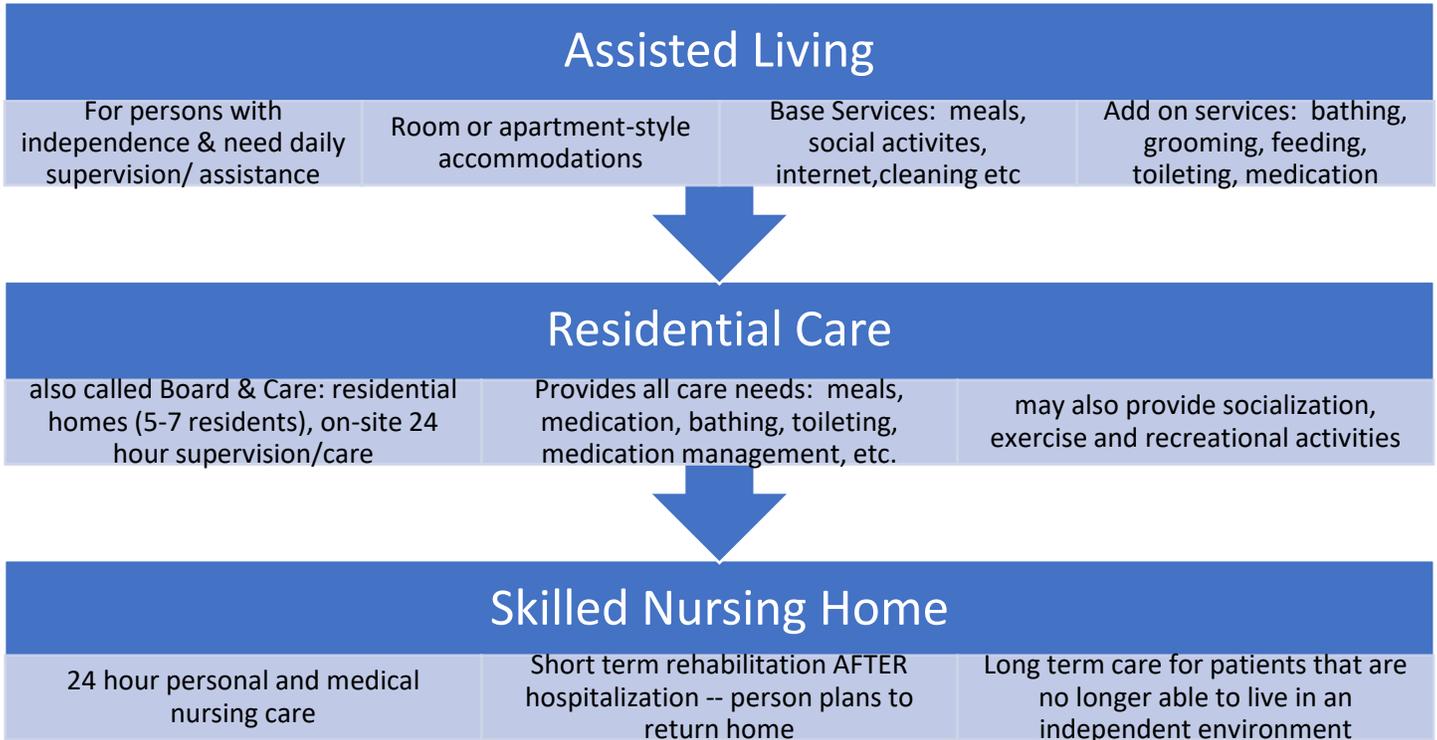
County/City	Name	Contact Information	Website
Statewide	Department of Aging, Area Agency on Aging (AAA)	800-510-2020	<a href="https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4">https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4</a>
Statewide	Cal Quality Care.org		<a href="https://www.caregiver.org/state-resource/calqualitycareorg/">https://www.caregiver.org/state-resource/calqualitycareorg/</a>
Statewide	Department of Social Services	This website allows you to search for a variety of licensed care facilities in your agency. Facilities you can search for include: Adult Day Care, child care, residential care, transitional housing, etc. <a href="https://www.cdss.ca.gov/inforesources/community-care-licensing/facility-search-welcome">https://www.cdss.ca.gov/inforesources/community-care-licensing/facility-search-welcome</a>	

## In-Home Assistance

In-home assistance consists of companionship, housekeeping, cooking, personal care (dressing, grooming, bathing, etc), and grocery shopping. This service is usually provided on an hourly basis and is not covered by most health insurances. (Medi-Cal patients can apply for In Home Support Services (IHSS) which provides the above services.) Most in home assistance agencies will charge by the hour; rates range between \$25--\$35 per hour and may have a 3-4 hour minimum, however the rate and minimum number of hours varies by agency. For additional in-home assistance providers in your area you may do a search of Eldercare Home Health Services or In Home Assistance. Due to constant changes with website addresses and change in contact numbers, I have just listed a few agencies that other HD families have used in past.

City	Name
Sacramento	Therapeutic Interventions
Sacramento	Griswold Home Care
Sacramento	Creative Solutions in Elder Care
Sacramento (Greater Sac area)	Craig Cares
Sacramento (Greater Sac area)	Welcome Home Care
Sacramento, Lodi and East Bay	California CareGivers
San Francisco Bay Area	California CareGivers
Statewide	Area Agency on Aging (AAA) <a href="https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4">https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4</a>
Statewide	California Department of Social Services In Home Support Services (IHSS) <a href="https://www.cdss.ca.gov/in-home-supportive-services">https://www.cdss.ca.gov/in-home-supportive-services</a>

We do not have any “HD facilities” in California, any facility CAN take HD persons, however they may choose not to take HD persons.



## Locating Facilities in Your Area

Placement Agencies and Search Sites below can help you find facilities in your area.

City	Name	Website
Statewide	Department of Aging, Area Agency on Aging (AAA)	<a href="https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4">https://www.aging.ca.gov/Find_Services_in_My_County/My_County/?cc=4</a>
Statewide	Cal Quality Care.org	<a href="https://www.caregiver.org/state-resource/calqualitycareorg/">https://www.caregiver.org/state-resource/calqualitycareorg/</a>
Statewide	Department of Social Services	<a href="https://www.cdss.ca.gov/inforesources/community-care-licensing/facility-search-welcome">https://www.cdss.ca.gov/inforesources/community-care-licensing/facility-search-welcome</a>
Statewide	California Advocates for Nursing Home Reform (CANHR)	Website offers information about licensed Skilled Nursing Facilities as well as Assisted Living & Residential Care Facilities in California. CANHR also has information on complaints filed against any licensed facilities for your review. <a href="http://www.canhr.org">www.canhr.org</a>
Statewide	California Association of Health Facilities (CAHF)	<a href="http://cahf.org">http://cahf.org</a>
Statewide	California Registry	Website offers information about licensed care facilities (Assisted, Residential and SNF) in California. <a href="http://www.calregistry.com">www.calregistry.com</a>
Nationwide	U.S. Department of Health & Human Services, Centers for Medicare & Medicaid Services	<a href="http://www.medicare.gov">www.medicare.gov</a>

## OUT of STATE Facilities specializing in HD

Listed below are facilities throughout the United States that are reported to have HD units and/or specialize in caring for HD persons. Please contact the facility directly for eligibility, cost and other questions.

State	Name	Contact Information
Connecticut	<i>Fresh River Health Care</i>	860-623-9846
Indiana	<i>Summerfield Health Care Center, Cloverdale</i>	765-795-4260
Indiana	<i>Byron Health Center</i>	Sarah Starcher-Lane, HFA 12101 Lima Rd Fort Wayne, IN 46818 260-637-3166 ext. 226
Indiana	<i>Hanover Nursing</i>	410 W Lagrange Rd Hanover, IN 47243 812-866-2625
Iowa	<i>Zearing Health Care Center HD Program/Care Beyond Home</i>	404 E Garfield St. Zearing, IA 50278 641-487-7631
Massachusetts	<i>Braintree Manor Healthcare</i>	1102 Washington Street Braintree, MA 02184 781-848-3100
Massachusetts	<i>Kindred Healthcare</i>	Needham, MA 02494 508-930-3780
Massachusetts	<i>Tweksbury Hospital</i>	Tweksbury, MA 01876 978-851-7321
Minnesota	<i>University Good Samaritan Center</i>	Minneapolis, MN 612-673-6260
Missouri	<i>Sunset Healthcare</i>	Union, MO
New Jersey	<i>JFK Hartwyck at Cedar Brook</i>	Karen Petrin 1340 Park Avenue Plainfield, NJ 07060 908-754-3100
New Jersey	<i>Leisure Chateau</i>	Lakewood, NJ 732-370-8600
New York	<i>Terrence Cardinal Cooke</i>	New York, NY 212-360-3711
New York	<i>Sitrin</i>	2050 Tilden Ave New Hartford, NY 13413 888-578-8807
New York	<i>Victoria Homes</i>	25 N. Malcolm St Ossining, NY 10562 914-487-4644
New York	<i>Archcare at Ferncliff</i>	Rhinebeck, NY 12572 845-876-2011
Ohio	<i>Westlake Rehab</i>	Westlake, OH 440-892-2100
Vermont	<i>Crescent Manor</i>	Burlington, VT 802-447-1501
Washington	<i>Bailey Boushay</i>	End of life only --- in Seattle, WA