

## RESPIRATORY MEDICATIONS

- Daily maintenance and rescue respiratory inhalers with spacer and/or nebulized medications.
- Emergency medications if prescribed (prednisone and antibiotics)
- Asthma or COPD Action Plan

## NEBULIZER MACHINE WITH SUPPLIES

- Power cord/car charger/extra batteries
- Nebulizer medication cups with mouthpiece/facemask and tubing

## OXYGEN AND SUPPLIES

- Portable oxygen concentrator (POC) or portable oxygen tanks
- Stationary concentrator
- Extra nasal cannulas and tubing
- Pulse oximeter to monitor oxygen levels.

## CPAP/BIPAP OR NON-INVASIVE VENTILATION

- CPAP/BiPAP/NIV with power cord
- Mask, hose and an extra filter
- Distilled water for humidifier

## AIRWAY CLEARANCE DEVICES

- Handheld oscillatory device (e.g., Aerobika, Acapella)
- Airway clearance vest with power cord

| EMERGENCY CONTACTS |      |       |
|--------------------|------|-------|
| HEALTHCARE         | NAME | PHONE |
| Primary Care       |      |       |
| Pulmonary          |      |       |
| Pharmacy           |      |       |
| Alternate Pharmacy |      |       |
| Medical Equipment  |      |       |
| RELATIONSHIP       | NAME | PHONE |
|                    |      |       |
|                    |      |       |
|                    |      |       |

## Preparation Tips

To prepare to evacuate your home due to a wildfire, make sure to take your respiratory supplies.

- **Fill in emergency contact information and print this document to take with**
- Have enough supplies to last several days.
- Pre-package a kit to have many of the items ready to
- Place items in a bag or backpack that is easy to grab.
- The goal is to continue your respiratory medications and therapies even when away from home.

## Local Evacuation Routes

CAL FIRE Incidents: sign up for text alerts about wildfires in your area and know your community's emergency response plan, evacuation orders and evacuation centers.

Find more information at:



<https://incidents.readyforwildfire.org/>