

Children's Hospital Neonatal Critical Care Skills Packet			
Page 1 of 13			
Name:		Employee ID #:	
Unit:		Title:	
Due Date: _____ (new hires: prior to end of orientation period)			
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Skill/Learning Not all skills are applicable to all Nursing areas – if not applicable mark as N/A	Skill Code (For CPPN Use Only)	Date Completed (or N/A)	Verifier Initials
HEALTH MAINTENANCE, ENVIRONMENTAL SAFETY AND SECURITY, AND INJURY PREVENTION			
Children's Hospital Car Seat Safety Skills Checklist	DAHS-NSCCHCSS		
Children's Hospital Developmental Care of the Neonate and Infant Skills Checklist	DAHS-NSCCHDCNI		
Children's Hospital Neonatal Health Maintenance and Environmental Safety Skills Checklist	DAHS-NSCCHNHMES		
Children's Hospital Neonatal and Infant Blood Draws Skills Checklist	DAHS-NSCCHNIBD		
Hugs System Training Online Module Only	DAHS-NCHHST08		
Children's Hospital Neonatal Safe Sleep Skills Checklist	DAHS-NSCCHNSS		
Children's Hospital Newborn Screen Skills Checklist: Performs per UC Davis Policy 4014: Newborn Screening Test	DAHS-NSCCHNS		
Children's Hospital Critical Congenital Heart Defect Screening Skills Checklist	DAHS-NSCCHNHDS		
Children's Hospital Recovery, Post-Surgical Skills Checklist	DAHS-NSCCHNRPS		
Children's Hospital Transporting Critical Care Patients to Procedure or Diagnostic Study Skills Checklist	DAHS-NSCCHNTCCPPDS		
NUTRITIONAL ASSESSMENT			
Children's Hospital Neonatal Nutritional Assessment and Support Skills Checklist	DAHS-NSCCHNNAS		
Children's Hospital Critical Care Arterial Pressure Monitoring Skills Checklist Performs per UC Davis Health Policy 13010: Peripheral Arterial Line Management	DAHS-NSCCHNCCAPM		
Children's Hospital Neonatal IV, Fluid Management, and Fluid Resuscitation Skills Checklist	DAHS-NSCCHNIFMFR		
Children's Hospital Breast Milk Usage Skills Checklist	DAHS-NSCCHBMU		
Children's Hospital Gastrostomy Tube Skills Performs per UC Davis Health Policy 8018. Enteral Tubes and Nutrition for Pediatric and Neonatal Patients	DAHS-NSCCHNGT		

Children's Hospital Neonatal Critical Care Skills Packet			
Page 2 of 13			
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PAIN ASSESSMENT AND MANAGEMENT

Children's Hospital Neonatal Pain Assessment Skills Checklist	DAHS-NSCCHNPA14		
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PHYSICAL ASSESSMENT

Children's Hospital Neonatal Basic Dysrhythmia Detection and Treatment Skills Checklist	DAHS-NSCCHNBDDT		
Children's Hospital Bi-PAP Skills Checklist: Performs per Clinical Policy 17001: Neonatal Nasal Continuous Positive Airway Pressure (CPAP)	DAHS-NSCCHBP14		
Children's Hospital Care of the Patient with Hydrocephalus-Related Devices Skills Checklist	DAHS-NSCCHNCPHRD		
Children's Hospital Neonatal Chest Tube Skills Checklist	DAHS-NSCCHNCT		
Children's Hospital Neonatal High Frequency Oscillating Ventilator Skills Checklist	DAHS-NSCCHNHFOV14		
Children's Hospital Neonatal Lumbar Puncture Skills Checklist	DAHS-NSCCHNLPD14		
Children's Hospital Neonatal Obtaining a 12-Lead ECG Skills Checklist	DAHS-NSCCHNOLE14		
Children's Hospital Neonatal Critical Care Airway Management Skills: Performs per UC Davis Health Policy 17038, Pediatric and Neonatal Airway	DAHS-NSCCHNPCCAM14		
Children's Hospital Neonatal Critical Care Mechanical Ventilation Skills Checklist	DAHS-NSCCHNPCCMV14		
Children's Hospital Neonatal Care Respiratory Assessment Skills Checklist	DAHS-NSCCHNCRA14		
Children's Hospital Neonatal Retinopathy of Prematurity Skills Checklist	DAHS-NSCNRP		
Children's Hospital Neonatal Tracheostomy Care Skills: Performs per UC Davis Health Policy 17038, Pediatric and Neonatal Airway	DAHS-NSCCHNTC15		

Children's Hospital Neonatal Critical Care Skills Packet

Page 3 of 13

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SIGNATURE PAGE:

Signature and Printed Name of Verifier (preceptor or other verified personnel) who have initialed on this form:

Initial:	Print Name:	Signature:

PRECEPTEE STATEMENT AND SIGNATURE:

I have read and understand the appropriate UC Davis Health Policies and Procedures and/or equipment operations manual, I have demonstrated the ability to perform the verified skills as noted, and I have the knowledge of the resources available to answer questions.

Name _____ Signature and Date _____

Children's Hospital Neonatal Critical Care Skills Packet

Page 4 of 13

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HEALTH MAINTENANCE, ENVIRONMENTAL SAFETY AND SECURITY, AND INJURY PREVENTION

Children's Hospital Developmental Care of the Neonate and Infant Skills Checklist #DAHS-NSCCHDCNI

References:

1. Verklan, M.T., & Walden, M. (2015). Core Curriculum for Neonatal Intensive Care Nursing (fifth edition). Elsevier: St. Louis, MO
2. Maternal/Child Structure Standards: Neonatal Units Structure Standards
3. Newborn Individualized Developmental Care and Assessment Program (nidcap.org)
4. Pediatric Learning Solutions

Pediatric Learning Solutions: Age Specific Care of the Newborn Online Module (DAHS-NCHASCN14-PLS)		For Reference
Pediatric Learning Solutions: Age Specific Care of Infant Online Module (DAHS-NCHASCI14-PLS)		For Reference
Pediatric Learning Solutions: Developmental Care of the Newborn Online Module (DAHS-NCHDCN16-PLS)		For Reference
Pediatric Learning Solutions: Family-Centered Care in the NICU Online Module (DAHS-NCHFCCNICU16-PLS)		For Reference
Assess the family's coping and makes referrals as needed (Social work, Ronald McDonald/Kiwanis, Child Life)		
Involve parents or caregiver in care and appropriately documents parental education as provided		
Implement developmentally appropriate nursing interventions which can assist in alleviating stress and minimizing the effect of hospitalization for the following age groups: <ul style="list-style-type: none"> • Extremely premature infant (< 28 weeks) • Very premature infant (28 to 32 weeks) • Early premature infant (32 to 36 weeks) • Term neonate (>37 weeks) • Infant 		
Provide support to prepare the infant and parents/caregiver for procedures and/or surgery		
Assist families in providing Kangaroo care		

Children's Hospital Neonatal Health Maintenance and Environmental Safety Skills Checklist # DAHS-NSCCHNHMES

References:

1. Fact Sheets from Safe Kids Coalition with Annual Reports of Childhood Injury (<http://www.safekids.org/>)
2. Neonatal Units Structure Standards
3. Pediatric Learning Solutions

Pediatric Learning Solutions: Comprehensive Assessment of the Neonate Online Module (DAHS-NCHCANE16-PLS)		For Reference
Pediatric Learning Solutions: Thermoregulation of Newborn Infant Online Module (DAHS-HCHTNI16-PLS)		For Reference
Provide appropriate health screening and maintenance promoting infant and family health		
Provide a developmentally safe and sensitive environment for the hospitalized infant		
Provide injury prevention and general safety information developmentally appropriate to the infant and family		

Children’s Hospital Neonatal Critical Care Skills Packet

Page 5 of 13

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Children’s Hospital Neonatal and Infant Blood Draws Skills Checklist # DAHS-NSCCHNIBD

References:		
1. Elsevier Neonatal Blood Specimen Collection, Heelstick, Radial Artery Puncture		
State the importance of correct serum lab specimen collection		
Select appropriate blood specimen tubes and obtain correct labels		
Choose method of blood draw: heel stick, venipuncture, arterial puncture, central or arterial line draw		
Verify the identity of patient using two identifiers and obtain specimen per policies		
Handle and label specimens appropriately using the BCMA workflow guidelines		
Compare lab results to normal values and the patient’s previous results		

Children’s Hospital Car Seat Safety Skills Checklist #DAHS-NSCCHCSS

References:		
1. UC Davis Health Policy 4018: Child Passenger Safety		
2. PCS Car Seat Resources webpage		
Confirm patient has an appropriate car seat prior to discharge		
Assess the condition of any seat provided by parent/caregiver		
If appropriate seat is not available, order infant carrier from distribution and have parent/caregiver sign a Car Seat Agreement Form		
Show car seat education video (see below) to parent/caregiver		
Demonstrate safe positioning of infant in car seat or infant carrier		
Have parent/caregiver return demonstrate safe positioning		
Give parents/caregiver information for free UCDHS car seat installation services		
Document in EMR		

Hugs System Training Online Module Only #DAHS-NCHHST08

Completed Hugs System Training Online Module #DAHS-NCHHST08		
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Children’s Hospital Neonatal Critical Care Skills Packet

Page 6 of 13

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Children’s Hospital Neonatal Safe Sleep Skills Checklist #DAHS-NSCCHNSS

References:	
1. UC Learning Module Safe Sleep (DAHS-NCHISSBEP19)	
2. Safe Sleep Brochure	
Completed Safe Sleep Online Module #DAHS-NCHISSBEP19	
State when Safe Sleep is to be practiced	
Demonstrate ability to create Safe Sleep environment using appropriate Halo Sleep Sack	

Children’s Hospital Critical Congenital Heart Defect Screening Skills Checklist # DAHS-NSCCHNHDS

References:	
1. Center for Disease Control and Prevention (www.cdc.gov/ncbddd/heartdefects/screening.html)	
2. Pediatric learning solutions	
State reason for CCHD screen and provide education to parents	
Perform CCHD screen per policies	

Children’s Hospital Recovery, Post-Surgical Skills Checklist # DAHS-NSCCHNRPS

References:	
1. Patient Care Standards, SICU, General	
2. Surgical Intensive Care Structure Standards	
Perform initial rapid assessment of cardiorespiratory systems	
Receive patient and report from an anesthesia provider (e.g., anesthetic events, medications, vital signs, EBL, intake & output, lab values)	
Perform quick visual assessment, measure vital signs, assess LOC, and report abnormal findings to the anesthesia provider at the bedside	
Monitor vital signs Q15 minutes x6, then Q 30 x2, or more frequently if unstable	

Children’s Hospital Transporting Critical Care Patients to Procedure or Diagnostic Study Skills Checklist # DAHS-NSCCHNTCCPPDS

References:	
1. Neonatal Units Structure Standards	
2. Pediatric Intensive Care Unit (PICU)/ Pediatric Cardiac Intensive Care Unit (PCICU) Structure Standards	
Identify the circumstances, which may prohibit the transport of a patient or require physician attendance	
Contact the procedure area and all personnel needed to coordinate the transport	
Assemble the necessary equipment and medications for transport	
Ensure all IV lines, catheters, tubes and wires are secure	
Accompany the patient during transport and continually monitor the patient	

Children's Hospital Neonatal Critical Care Skills Packet

Page 7 of 13

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NUTRITIONAL ASSESSMENT

Children's Hospital Neonatal Nutritional Assessment and Support Skills Checklist # DAHS-NSCCHNNAS

References:		
<ol style="list-style-type: none"> 1. Pediatric Inpatient Structure Standards 2. UC Davis Health Policy 4061: Aspiration (Oral and Enteral) Precautions 3. UC Davis Health Policy 8018: Enteral Tubes and Nutrition for Pediatric and Neonatal Patients 4. UC Davis Health Policy 13040: Nutrient-Drug Interactions 5. Elsevier Feeding Tube: Enteral Nutrition Administration (Pediatric) DAHS-NCHENAP-ECS 6. Pediatric Learning Solutions 7. NICU Feeding Protocol, Staff web page 		
Pediatric Learning Solutions: Neonatal Nutrition Online Module (DAHS-NCHNN16-PLS)		For Reference
Provide developmentally appropriate nutritional assessment and promote optimal nutrition		
Implement developmentally appropriate and safe enteral nutrition		
Provide appropriate and safe parenteral nutrition		
Demonstrate knowledge of common feeding practices in the Neonatal Units		
Identify feeding cues, determine signs of readiness for feedings and signs of feeding intolerance		

Children’s Hospital Neonatal Critical Care Skills Packet

Page 8 of 13

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Children’s Hospital Neonatal IV, Fluid Management, and Fluid Resuscitation Skills Checklist # DAHS-NSCCHNIFMFR

References:		
<ol style="list-style-type: none"> Neonatal Units Structure Standards UC Learning Module Newborn IV Therapy and Blood Withdraw DAHS-NCHNIVTBW16 American Heart Association: 2017 NRP Guidelines Verklan, M.T., & Walden, M. (2015). Core Curriculum for Neonatal Intensive Care Nursing (fifth edition). Elsevier: St. Louis, MO Fluid and electrolyte management Pediatric Learning Solutions NICU Nutrition guidelines, NICU webpage 		
Completed Pediatric Learning Solutions: Pediatric Peripheral IV Care & Management Online Module (DAHS-NCHPPIVCM 14-PLS)		For Reference
Completed Pediatric Learning Solutions: Management of Peripheral IV complications in the Pediatric Patient Online Module (DAHS-NCHMPIVCP14-PLS)		For Reference
Completed Newborn IV Therapy and Blood Withdrawal Online Module #DAHS-NCHNIVTBW16		
List potential risk factors for increased insensible water loss in preterm and term neonates and states reduction measures		
State the signs and symptoms of hypovolemia in the neonate		
State the objectives for fluid resuscitation in the neonate		
State the appropriate type of fluid and volume administered during fluid resuscitation and the rationale for each		
Identify the sites that can be used for rapid fluid administration during hypovolemic shock		
Differentiate between administration of fluid resuscitation to preterm neonates compared to term neonates		

Children’s Hospital Breast Milk Usage Skills Checklist #DAHS-NSCCHBMU

References:		
<ol style="list-style-type: none"> UC Davis Health Policy 16024: Breast Milk Collection, Storage, Thawing, and Delivery UC Davis Health Policy 16043: Donor Human Breast Milk: Procurement, Storage and Administration 		
States contraindications to using breast milk according to policy		
Describes qualifications for use of donor breast milk and the process for obtaining assent		
Correctly identifies expiration of fresh breast milk, thawed breast milk, and breast milk with fortification		
Safely prepares and administers breast milk using correct labeling methods and in chronologic order		
Accurately logs breast milk in and out using the Breast Milk Storage Log		
Provide education to families regarding labeling and storing breast milk containers		

Children’s Hospital Neonatal Critical Care Skills Packet

Page 9 of 13

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PAIN ASSESSMENT

Children’s Hospital Neonatal Pain Assessment Skills Checklist #DAHS-NSCCHNPA14

References:		
Pediatric Learning Solutions: Neonatal Pain Assessment and Management (DAHS-NCHNPAM16-PLS)		For Reference
Perform physical and environmental assessment prior to administration of pain medication		
Implement potential age-specific, developmentally supportive cares to decrease need for pain medication		
Demonstrate ability to safely administer oral sucrose and/or pain medications as indicated		
Appropriately assess patient's response and need for further intervention		
Provide and document parental education		
Document all pertinent information, including PRN response		

PHYSICAL ASSESSMENT

Children’s Hospital Neonatal Basic Dysrhythmia Detection and Treatment Skills Checklist # DAHS-NSCCHNBDDT

References:		
1. Verklan, M.T., & Walden, M. (2015). <i>Core Curriculum for Neonatal Intensive Care Nursing</i> (fifth edition). Elsevier: St. Louis, MO		
2. Pediatric Learning Solutions		
Pediatric Learning Solutions Arrhythmia Recognition: Structure and Function of the Heart (DAHS-NCHARSFH16-PLS)		For Reference
Pediatric Learning Solutions Arrhythmia Recognition: Electrophysiology (DAHS-NCHARE16-PLS)		For Reference
Pediatric Learning Solutions Arrhythmia Recognition: Lines, Waveforms, and Segments (DAHS-NCHARLWS16-PLS)		For Reference
Pediatric Learning Solutions Arrhythmia Recognition: Sinus (DAHS-NCHARS16-PLS)		For Reference
Pediatric Learning Solutions Arrhythmia Recognition: Atrial (DAHS-NCHARA16-PLS)		For Reference
Pediatric Learning Solutions Arrhythmia Recognition: Ventricular (DAHS-NCHARV16-PL)		For Reference
Describe the major anatomy of the heart and normal flow of blood through the heart		
Identify the waves and intervals of the normal EKG and describe their significance		
Describe the electrical conduction system of the heart		
Explain sinus, atrial and ventricular dysrhythmias and discuss the causes/treatments		
Explain heart blocks and discuss the causes/treatments		

Children’s Hospital Neonatal Critical Care Skills Packet

Page 10 of 13

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Children’s Hospital Care of the Patient with Hydrocephalus-Related Devices Skills Checklist #DAHS-NSCCHNCPHRD

References:		
1. Verklan, M.T., & Walden, M. (2015). <i>Core Curriculum for Neonatal Intensive Care Nursing</i> (fifth edition). Elsevier: St. Louis, MO		
2. Pediatric Learning Solutions		
Pediatric Learning Solutions: Hydrocephalus (DAHS-NCHHYD16-PLS)		For Reference
Pediatric Learning Solutions: Intracranial Pressure Monitoring (DAHS-NCHIPM16-PLS)		For Reference
Pediatric Learning Solutions: Neonatal Cranial Hemorrhage (DAHS-NCHNCH16-PLS)		For Reference
Accurately describe the pathophysiology and common causes of hydrocephalus in the neonate		
Identify the clinical indications for the need of a CSF drainage device		
Differentiate between an ommaya reservoir and ventriculoperitoneal shunt (VP shunt)		
Identify signs and symptoms of increasing intracranial pressure and respond appropriately		
Discuss the pathophysiology of reservoir/shunt failure, risks of infection and the need for revision		
Describe the nursing management of infants with an ommaya reservoir versus a VP shunt		

Children’s Hospital Neonatal Chest Tube Skills Checklist # DAHS-NSCCHNCT

References:		
1. Pediatric Learning Solutions		
Pediatric Learning Solutions: Nursing Management of Chest Tubes (DAHS-NCHNMCT14-PLS)		For Reference
Pediatric Learning Solutions: Pneumothorax in the Neonate (DAHS-NCHPN16-PLS)		For Reference
State indications for chest tube insertion and explain the parts of the chest tube drainage system		
Consider pain medication in anticipation of procedural pain and provide developmentally appropriate comfort measures		
Assess for air leaks and examine water seal chamber for presence of fluctuation (tidaling), bubbling, and proper water level		
Assess for type of chest drainage and amount		
When chest tube is discontinued, consider pain management and ensure an occlusive dressing is placed		

Children’s Hospital Neonatal Critical Care Skills Packet

Page 11 of 13

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Children’s Hospital Neonatal High Frequency Oscillating Ventilator Skills Checklist # DAHS-NSCCHNHFOV14

References:		
1. Operating Manual, High Frequency Oscillating Ventilator 3100B		
2. Pediatric Learning Solutions		
Completed Pediatric Learning Solutions High Frequency Ventilation Online Module DAHS-NCHHFV17-PLS		
Notify Respiratory Therapy and assembles necessary equipment		
Verbalize an understanding of monitoring SpO2 and chest wiggle		
Demonstrate proper operation of the HFOV and verbalize indications for the use of the HFOV		
Troubleshoot HFOV alarms		
Verbalize an understanding of the reset and start buttons and when to use them		

Children’s Hospital Neonatal Lumbar Puncture Skills Checklist # DAHS-NSCCHNLPD14

References:		
1. Elsevier Lumbar puncture Neonate		
Elsevier Module: Lumbar Puncture (DAHS-NAD108-ECS)		For Reference
Identify the clinical indications for a lumbar puncture		
Describe the process of obtaining consent for a lumbar puncture		
Consider pain management and appropriate developmental care		
Position the patient in the lateral knee-chest position with the neck flexed toward the chest or in a sitting position		
Correctly label and send CSF samples for lab studies as ordered by the provider		
State possible complications of a lumbar puncture		

Children's Hospital Neonatal Critical Care Skills Packet

Page 12 of 13

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Children's Hospital Neonatal Obtaining a 12-Lead ECG Skills Checklist #DAHS-NSCCHNOLE14

References:		
<ol style="list-style-type: none"> Structure Standards: Critical Care, Telemetry, Maternal Child Health GE Marquette Resting ECG Analysis System Operator's Manual Pediatric Learning Solutions Electrocardiogram 12 lead, DAHS-NAD69-ECS 		
Demonstrate use of 12-lead ECG available in the area		
Place patient supine and provide comfort measures		
Enter patient data prior to obtaining 12-lead ECG		
Cleanse the skin areas to be used, if needed		
Correctly place leads, ensure that there is no tension on the cables		
Obtain 12-lead reading, trouble-shooting artifact		
Recognize proper 12-lead tracings		
Disconnect equipment and clean as necessary		
Document all pertinent data, and notify appropriate staff of results		

Children's Hospital Neonatal Critical Care Mechanical Ventilation Skills Checklist # DAHS-NSCCHNPCCMV14

References:		
<ol style="list-style-type: none"> Servo-i Ventilator Manual V3.2 Pediatric Learning Solutions 		
Completed Pediatric Learning Solutions: Mechanical Ventilation: Introduction to Pediatric Practices Online Module #DAHS-NCHMVIPP 16-PLS		
Identify indications and modes of mechanical ventilation		
Discuss the use of sedation and/or paralytics to maintain optimal mechanical ventilation		
Assess reasons for changes in peak pressure, tidal volumes, breath sounds, oxygen saturation		
Describe ventilator changes needed based on ABG results and/or end-tidal CO2 monitoring		
Assess a patient's readiness for mechanical ventilator weaning and/or extubation per unit protocol		

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Page 13 of 13

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Children’s Hospital Neonatal Care Respiratory Assessment Skills Checklist #DAHS-NSCCHNCRA14

References:		
<ol style="list-style-type: none"> 1. UC Davis Health Policy 17038: Pediatric and Neonatal Airway Policy 2. American Heart Association: 2017– NRP Guidelines 3. American Heart Association: 2017 – PALS Guidelines 4. Verklan, M.T., & Walden, M. (2015). Core Curriculum for Neonatal Intensive Care Nursing (fifth edition). Elsevier: St. Louis, MO 5. Pediatric Learning Solutions 		
Completed Arterial Blood Gas Online Module #DAHS-NGNABGA-ECS		
Pediatric Learning Solutions: Understanding Abnormal Blood Gases (DAHS-NCHUABG 16-PLS)		For Reference
Pediatric Learning Solutions: Basic Principles of Oxygen Therapy, Specialty Gases and Noninvasive Ventilation (DAHS- NCHBPOTSGNV16-PLS)		For Reference
Recognize normal respiratory rates and pulmonary developmental findings		
Able to identify respiratory distress and intervene appropriately based on respiratory assessment		
Recognize when an arterial blood gas is indicated and correlate ABG results with patient assessment findings		
Ensure functioning emergency respiratory equipment is available in the patient’s room every shift		
Monitor and document non-invasive patient monitoring (i.e., pulse oximetry, end tidal CO2 monitoring)		

Children’s Hospital Neonatal Retinopathy of Prematurity Skills Checklist #DAHS-NSCNRP

References:		
<ol style="list-style-type: none"> 1. Policy 17024: Continuous Pulse Oximeter 2. Retinopathy of Prematurity (nei.nih.gov/health/rop/) 3. Verklan, M.T., & Walden, M. (2015). Core Curriculum for Neonatal Intensive Care Nursing (fifth edition). Elsevier: St. Louis, MO 4. Pediatric Learning Solutions 		
Pediatric Learning Solutions: Retinopathy of Prematurity (DAHS-NCHRP17)		For Reference
Identify pulse oximetry alarm settings according to gestational age		
Identify problem solving steps for low pulse oximetry saturations before increasing FiO2		
Identify protocol for increasing/decreasing FiO2 to maintain pulse oximetry saturations within appropriate parameters		
Identify interventions for desaturations associated with handling, suctioning, procedures etc.		
Identify appropriate interventions for apnea		
Describe the pathophysiology of Retinopathy of Prematurity		