

Comfort Commitment: Buzzy® Use Guide

Buzzy® is an FDA approved battery-operated vibration (and optional cold) device that blocks pain sensations during needlestick procedures.

Overview:

- Buzzy® can be used alone or with ice. Ice can be placed in a small bag secured under the band on the bottom of buzzy®.
- Buzzy® should be used without ice for children 6
 weeks to 2 y/o, patients with sickle cell disease, and
 children with cold sensitivities.
- Buzzy® placement:
 - For injections: Place buzzy® directly on the site for 30-120 seconds. Move 2-3 cm proximal during the injection.
 - For IVs or phlebotomy: Do not place buzzy® on the injection site. Activate buzzy® and then place 3-5 cm proximal to site. Buzzy® can be placed under the tourniquet.
- Clean buzzy® according to unit policy and return to agreed upon unit location.

When introducing to patients:

- Ice should always be offered as a choice to go with the vibration.
- Let the patient feel buzzy® and practice using it before the procedure.

Lawson item numbers: Buzzy®: 161715 or 161718

Ice Bags (5x3): 124365

Product information: Paincarelabs.com **Website**: https://ucdavis.health/comfort





