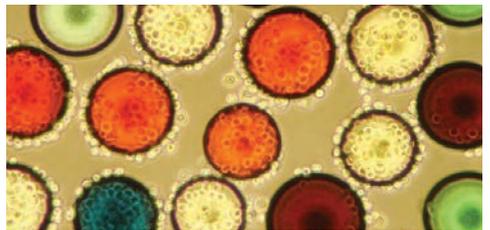




**UCDAVIS**  
COMPREHENSIVE  
CANCER CENTER



## Guide for new patients



## Contents

Welcome to the UC Davis Comprehensive Cancer Center . . . . .	1
Your health-care team. . . . .	2
Preparing for your first visit . . . . .	3
Your feelings: Learning you have cancer. . . . .	6
Talking with your doctor . . . . .	8
Clinical trials . . . . .	10
Medical services . . . . .	10
Additional programs and resources . . . . .	12
Food and lodging. . . . .	14
Clinical services (contact numbers) . . . . .	14
Other Cancer Center services (contact numbers) . . . . .	14
Additional resources (contact numbers) . . . . .	15
Satellite offices . . . . .	15
Directions to the Cancer Center . . . . .	16



## Welcome to the UC Davis Comprehensive Cancer Center

At the UC Davis Comprehensive Cancer Center, we have brought together the finest physicians, researchers and resources to provide you with the best possible care. You can be assured you will have access to the most advanced methods of diagnosis and treatment available, including new therapies rarely offered at community hospitals.

Our excellence in cancer care is reflected in our designation as a Comprehensive Cancer Center by the National Cancer Institute, the nation's top cancer organization. Only 40 other Cancer Centers nationwide have successfully competed for this designation, a mark of the highest standards and achievements in cancer research and treatment.

At UC Davis Comprehensive Cancer Center, your care will be coordinated by one doctor, but backed up by a team of specialists with broad experience treating many different aspects of cancer. Our teams include doctors, nurses, radiation therapists, dietitians, social workers and other top professionals. All come together to provide you with the most advanced and innovative medicine, the latest technology and the best chance for a cure.

### Introduction

On page three of this booklet you will find information to help you prepare for your first appointment. You'll also learn more about the Cancer Center, its services and programs.

In the back pocket, you'll find two forms – a patient medical questionnaire and a privacy notice. Stapled inside you'll find a prescription medication record card. Please fill out all three and bring them with you to your first visit.

You will find tips for talking with your doctor on page 8, and on page 9 there is room for you to write down questions for your doctor.

### Cancer Center new patient referral

If you have any questions or concerns about your first appointment, please call our New Patient Referral Office. Open from 8 a.m. to 5 p.m., weekdays, except holidays.

■ Phone: 916-734-5959 ■ Toll-free: 800-362-5566 ■ Fax: 916-703-5266

### Radiation Oncology new patient referral

If your first appointment is with a radiation oncologist, please call the Radiation Oncology New Patient Referral Office. Open from 8 a.m. to 5 p.m., weekdays, except holidays.

■ Phone: 916-734-1971 ■ Toll-free: 800-770-9275 ■ Fax: 916-734-5110

After your first visit, make future appointments by calling the appointment desk at the clinic where you receive your care. You'll find those phone numbers on page 14 of this booklet.



You will have one Cancer Center doctor who coordinates your care no matter how many specialists are on your health-care team. This doctor will see you on a regular basis for examinations, to discuss your progress and to answer your questions.

## Your health-care team

Our collaborative approach to cancer care starts with teams of doctors who work together to develop the ideal treatment or combinations of treatments for each patient. We have one team devoted to diagnosing and treating breast cancer, another to prostate cancer, a third to lung cancer, and so on. The expertise and experience of these teams make us one of the nation's top Cancer Centers.

No matter how many specialists are on your health-care team, however, you will have one UC Davis Comprehensive Cancer Center doctor who coordinates your care. This doctor will see you on a regular basis for examinations, to discuss your progress and to answer your questions.

### Compassionate physicians, dedicated researchers

UC Davis Comprehensive Cancer Center doctors are among the most respected in their fields. As faculty physicians at a major university medical center, they have been entrusted to train the next generation of cancer specialists. In addition, many of our doctors have been selected by their peers to hold leadership positions in national professional organizations dedicated to advancing cancer treatment, education and research.

Our doctors also conduct research and collaborate closely with our laboratory scientists, ensuring that new drugs and treatments developed in the lab can move quickly to the clinic for the immediate benefit of our patients.

### Fellows, residents and interns

As UC Davis is a teaching hospital, you may encounter fellows and residents who are licensed physicians pursuing advanced training in such areas as Hematology and Oncology, Surgical Oncology or Radiation Oncology. Interns are recent medical school graduates. These professionals may be part of your health-care team, working closely with the doctor who coordinates your care.

### Highly trained nurses and other professionals

We take pride in our nurses, pharmacists, radiation therapists, clinical research coordinators and many other health-care providers – from radiation physicists to medical assistants. The National Oncology Certification Corporation has repeatedly recognized the Cancer Center for its extensive use of oncology-certified registered nurses, in both pediatric and adult clinics. These nurses have passed an exam demonstrating advanced knowledge and competence in caring for people with cancer.

Our pharmacists are also cancer specialists, and our inpatient pharmacists are oncology-certified. UC Davis Comprehensive Cancer Center and UC Davis Medical Center are nationally recognized for the high quality of patient care provided.



### Treating the whole patient

Rounding out the treatment team are highly trained professionals including licensed clinical social workers and registered dietitians available to help patients with nutrition, provide emotional support or assist with practical matters like housing and transportation. In addition, we offer a wide range of services and classes including writing as healing and yoga, as well as a peer navigator/cancer coach program providing one-to-one support

### Preparing for your first visit

#### Patient resources

Waiting for your first appointment with your doctor can be an anxious time. We have created the WeCARE! Cancer Peer Navigator Program (“cancer coaches”) whereby a trained peer navigator, who is a survivor at least two years out of treatment, can work with you on any questions or needs you may have during this difficult time.

We also have a well-stocked Cancer Resource Center on the second floor of the Cancer Center’s North Building where you can pick up free publications, videos and CD-ROMs on any type of cancer, treatment options and ways to talk about your cancer with children, family, co-workers and friends.

In addition, we can provide you with a list of all of our services and programs to help you, family members, friends and caregivers receive the best possible care and support. For more information on any of these services or programs, please call 916-734-5959.

#### Insurance and billing

As a new patient, you may receive a call from UC Davis Medical Center before your first appointment, just to verify your health-insurance information.

You will be receiving separate bills for doctors’ services, clinic and/or hospital charges and pathology lab work. Doctors’ fees are billed by an office called the UC Davis Professional Billing Group. Clinic and hospital charges are billed by UC Davis Medical Center.

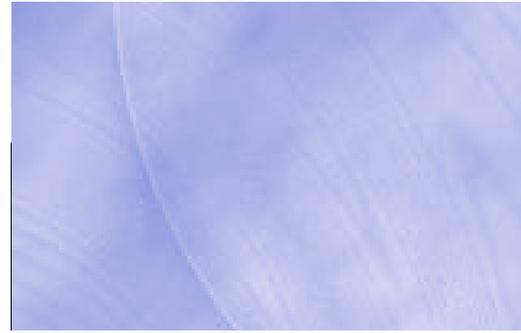
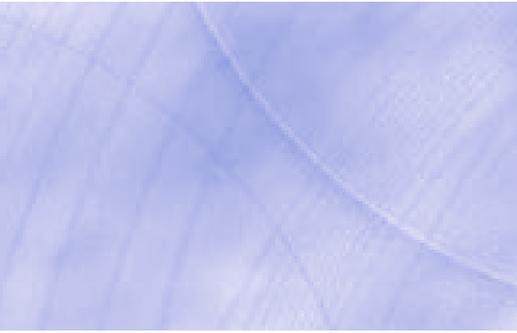
Your HMO or health insurance plan (*including Medicare or Medi-Cal*) is billed first. Any charges not paid by your HMO or insurance carrier are your responsibility.

If you have a question about insurance or billing, please call Patient Financial Services at 916-734-9200 or 800-551-9411 from 8 a.m. to 5 p.m. Monday through Friday, except holidays.



“ Getting treatment at Rideout Cancer Center through the UC Davis Cancer Care Network empowered me. I felt my burden being lifted by knowledgeable and compassionate people everywhere.”

– Janice Ray  
*breast cancer survivor*



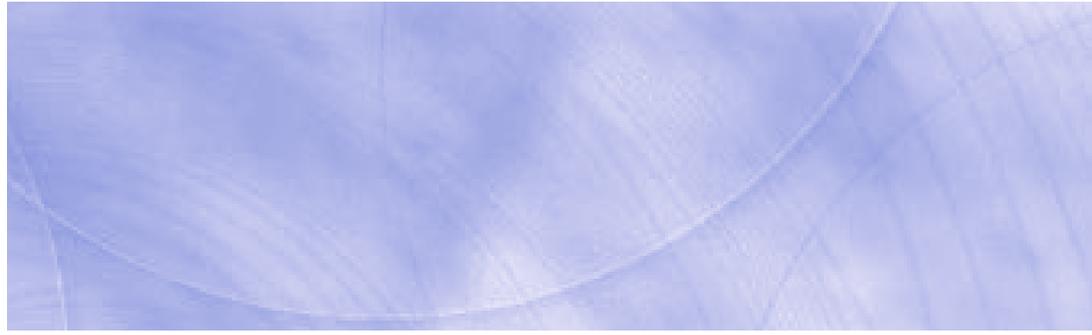
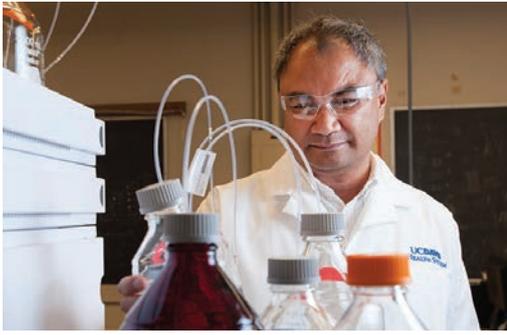
Consider having a cancer peer navigator/ cancer coach help you prepare for your first visit and go with you to your doctor's visits and treatments if desired. Family, friends and caregivers are invited to attend with you.

### Checklist: Take these steps before your first visit

- Consider having a cancer peer navigator/cancer coach help you prepare for your first visit and go with you to your doctor's visits and treatments if desired. Family, friends and caregivers are invited to attend with you. Please call 916-734-5959 for more information on the WeCare! Cancer Peer Navigator Program.
- Fill out the two forms in the back pocket of this booklet, and bring to your first visit: the "Patient Medical Questionnaire" and the "Notices of Privacy Practices."
- Write down all of the medications you are taking on the prescription medication record card stapled inside this booklet. Include over-the-counter medications and herbal and vitamin supplements and bring to your first visit.
- Decide whom you would like to list as an emergency contact, and be sure you have that person's current phone number(s) and address. You will need to give this information to the receptionist when you check in for your first appointment at the Cancer Center.
- Write down the questions and concerns you want to bring up with your doctor at your first appointment, or work with a WeCARE! Cancer Peer Navigator to help you prepare your questions. You may want to read the "Talking with your doctor" section on page 8 of this booklet for ideas. Space is provided on page 9 for you to write down your questions.
- Consider asking a family member, friend or cancer peer navigator to go with you to your appointment. It can be helpful to have someone along to listen to what the doctor says and perhaps take notes.

### Checklist: Bring these items to your first visit

- Your health insurance card(s), including Medicare or Medi-Cal cards
- Co-payment required by your insurance
- Cash for parking (parking at the Cancer Center is \$2 with validation. Please bring your parking ticket with you and ask the receptionist to validate it when you check in for your appointment)
- A copy of your advance directive



### Registration

Please arrive 30 minutes before your first visit. When you arrive, please check in with the receptionist on the first floor of the Cancer Center's North Building. If you are seeing a surgeon or an oncologist, go to the reception desk on the second floor. If you are seeing a radiation oncologist, follow the way-finding signs to the lower level of the Cancer Center's South Building.

### Parking

Patients may be dropped off in front of the Cancer Center at 2279 45th St., Sacramento. Self-parking is available in the lot located adjacent to the water tower. Parking is \$2 with patient/visitor validation.

### Transportation assistance

The American Cancer Society matches cancer patients who need rides to doctor appointments with volunteers who are willing to drive. The program, called Road to Recovery, is free. For more information, call 800-227-2345.

Social workers at UC Davis Comprehensive Cancer Center also can help patients find transportation to their appointments. Please call 916-734-5959 for referrals. Our social workers can be reached from 9 a.m. to 5 p.m. Monday through Friday, except holidays.

### Wheelchairs and escorts

Wheelchairs are available in front of the patient drop-off area on 45th Street. Escorts are available on an on-call basis for patients who need help getting from their car to the Cancer Center, but patients who need help getting in or out of their car should bring a family member or caregiver for assistance. Please talk with the receptionist in the main lobby to check out a wheelchair or to call an escort. The receptionist can be reached at 916-703-2602.

### Medical interpreting services

We have medical interpreters on staff who can serve patients in 21 languages and dialects. If you would like an interpreter to be present at your first visit, please call the New Patient Referral Office between 8 a.m. and 5 p.m. Monday through Friday at 916-703-5210. You may also call medical interpreting directly at 916-734-5959.



“ It’s been eight years since my grim diagnosis. I’m still here because I’ve had access to new drugs coming through the pipeline.”

– Rollie Swingle  
*prostate cancer survivor*



“I read as much as I could find about my cancer. Imagining the worst is more frightening than knowing what might happen. Knowing the facts makes me much less afraid.”

Prostate cancer patient

## Your feelings: Learning you have cancer

You may have many feelings after you learn you have cancer, or as you wait for the results of a cancer test. These feelings may change from day to day, hour to hour, or even minute to minute. Feelings of denial, anger, fear, stress, anxiety, depression, sadness, guilt and loneliness are all common.

So is a feeling of hope. While no one is cheerful all the time, hope can be a normal and positive part of your cancer experience. There are many reasons to feel hopeful:

- Cancer treatment can be successful. More than 10.5 million Americans who have had cancer are alive today.
- People with cancer can lead active lives, even during treatment.
- Your chances of living with – and living beyond – cancer are better now than they have ever been before. People often live for many years after their cancer treatment is over.

## Confronting fears

It's scary to hear that you have cancer. You may, for instance, be afraid or worried about:

- being in pain, either from the cancer or the treatment
- feeling sick or looking different as a result of your treatment
- taking care of your family
- paying your bills
- keeping your job
- dying

Some fears about cancer are based on stories, rumors and old information. Most people feel better when they know what to expect. They feel less afraid when they learn about cancer and its treatment. As one man with prostate cancer said:

“I read as much as I could find about my cancer. Imagining the worst is more frightening than knowing what might happen. Knowing the facts makes me much less afraid.”

A trained WeCARE! Cancer Peer Navigator/cancer coach is someone who has been through treatment and can help you cope with fears and concerns. For more information call 916-734-0823.

The Cancer Center has licensed clinical social workers specifically trained in oncology to help you adjust and cope with the emotions common to diagnosis and treatment. At your appointment, please ask your doctor or nurse to contact the social worker on your behalf or call the Cancer Center at 916-734-5959 and ask to speak with an oncology social worker.



## Taking charge

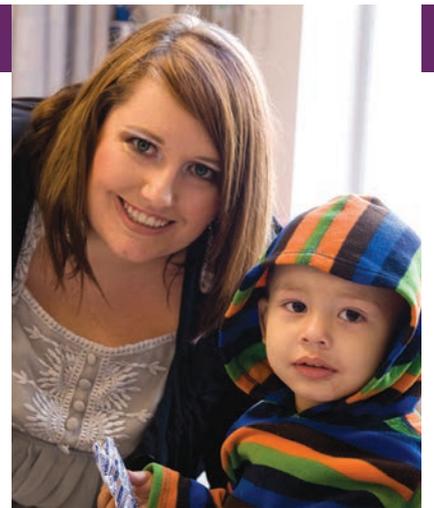
Even though you may feel as if your life is out of control, there are ways you can be in charge. For example, you can:

- Learn as much as you can about your cancer. Talking with a Cancer Peer Navigator/cancer coach is a good place to start. For information, call 916-734-0823.
- Visit [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu) for information about individual cancer types and how each is treated at UC Davis Comprehensive Cancer Center.
- Our Cancer Resource Center on the second floor of the Cancer Center's North Building is another good source of information. You can reach the Resource Center at 916-734-5959.
- Your physician also can refer you to a licensed clinical social worker trained in oncology or call the Cancer Center at 916-734-5959 and ask to speak with an oncology social worker.
- Additional information is available from the National Cancer Institute: call 800-4-CANCER, or visit their website at [www.cancer.gov](http://www.cancer.gov). to order their publications. The American Cancer Society may be reached at 800-227-2345, or visit them at [www.cancer.org](http://www.cancer.org).
- Ask questions. Let your health-care providers know when you don't understand what they are saying, or when you want more information about something.
- Share your feelings. Some people prefer to talk to a close friend or family member, someone from their own religion, or a counselor. Others find a cancer peer navigator and support groups very helpful. People in groups often talk about what it's like to have cancer and help each other feel better, more hopeful and not so alone. They also learn what's new in cancer treatment and share tips about coping with cancer. See page 11 for information about support groups.

## Living fully

Is living with cancer the biggest challenge you have ever faced? For most people, it is. Take one day at a time, and live it to the fullest:

- Stay involved in the duties and pleasures of daily life.
- Conserve your energy during the treatment cycles, and don't feel guilty for saying "no" to various activities that may make you tired.
- Return to work if possible.
- Make plans for the future.



"We could have gone anywhere, but we chose UC Davis Comprehensive Cancer Center. We made the right decision 100 percent. The doctors and nurses have been exceptional in caring not only for Cooper but for everyone in the family."

– Cherie Trout  
*Mother of Cooper Cochran,  
high-risk acute lymphoblastic  
leukemia survivor*



Your doctor relies on you to report information that could be important to your care. You may want to keep written notes on your day-to-day health concerns and bring these notes to your appointments.

## Talking with your doctor

A good relationship with your doctor is worth the effort it takes to create. This means taking the time to ask questions and make your concerns known. Likewise, your doctor must take the time to answer your questions and listen to your concerns.

It's hard to listen well and understand complex information when you are anxious or afraid. You may not hear or remember what is being said. There are several ways you can make sure that you remember everything your doctor tells you:

- Take notes to help you recall what your doctor says.
- Have a family member, friend or cancer peer navigator there with you. This person can remind you of questions you want to ask and help you remember later what the doctor said. You may also want to ask this person to keep your family and friends informed of your medical status. This will help your family to feel included without burdening you with repeated questions. You may want their help in making decisions, so keeping them up-to-date may be in your best interest.

## Asking questions

Make a list of all of your questions. Take the list with you to your doctor visits. Don't be shy about asking these questions. There is no such thing as a "dumb" question.

If you need more details after your doctor answers a question, say so. Sometimes it's even helpful to ask the question again, in a different way. Unless you tell your doctor that you don't understand something, the doctor will usually assume that you do.

Here are some questions your doctor can address:

- What is my exact diagnosis?
- What treatment do you recommend?
- Are there other treatments? What about clinical trials?
- What are the benefits of these treatments?
- What are the risks?
- What medicines are you giving me? What are they for?
- How should I expect to feel during treatment?
- What side effects, if any, can I expect to have?
- Will the disease or the treatment keep me from working or caring for my family?
- Will I have physical limitations?
- Do you have written information for me to read?
- If I am feeling overwhelmed or depressed, can you refer me to a social worker?
- How do I reach you if I have a question? Do you respond to e-mails from patients?

When you get instructions from your doctor, write them down in detail. Make sure you understand them before you leave the office. Then follow them exactly.



### Keeping your doctor informed

Your doctor relies on you to report information that could be important to your care. You may want to keep written notes on your day-to-day health concerns and bring these notes to your appointments.

- Tell your doctor as clearly as you can about any changes in body functions, from sleep and bowel habits to other changes such as headaches.
- Talk over your concerns about the impact of cancer on your lifestyle. Be honest about your lifestyle habits, even if it's something you're not proud of, such as smoking. Never hold back information. Something you think is minor could affect your treatment. Or, something you think is serious might be easily relieved.
- Also keep your doctor informed about all the medications you are taking, including medications prescribed by other doctors, over-the-counter medications, herbal and vitamin supplements, and any other therapies you may be using.

People who have cancer are likely to want to build a good relationship with their doctors. Over the long term, it is helpful to identify one doctor to be your main source of information. Ask this physician if he or she is comfortable with that. Building this relationship doesn't just happen – it takes care and effort on both sides. Chances are, you'll both benefit from it.

### My questions

My number one concern for today's appointment is:

---



---



---

The most important questions I want to ask my doctor today are:

1. 

---

---

---

2. 

---

---

---

3. 

---

---

---



“ I had a 50/50 chance of survival. The decisions they made here were correct. They saved my life, to put it bluntly.”

– Aaron Loui  
*head and neck cancer survivor*



Patients who participate in clinical trials receive regular and careful medical attention and may also get new treatments that are not yet available to all patients.

## Clinical trials

Cancer clinical trials are research studies that try to answer scientific questions and find better ways to prevent, diagnose or treat cancer. Clinical trials often compare standard treatment with a new treatment, which doctors hope will be even better. It is important that people of all ages and backgrounds take part in clinical trials to help cancer patients now and in the future.

Please ask your doctor about cancer clinical trials both at the time of your initial diagnosis and throughout the course of your treatment. Some questions you may want to ask:

- Is there a clinical trial going on right now for my type of cancer?
- Am I eligible for that trial?
- What drug or treatment is being studied?
- What are the potential risks and benefits compared to standard treatment?
- If my therapy isn't working, are there clinical trials to try?

Patients who participate in clinical trials benefit in several ways. They receive regular and careful medical attention from a research team that includes doctors, research nurses and clinical research coordinators. Participants may also get new treatments that are not yet available to all patients.

For more information about our clinical trials program, visit [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu)

## Medical services

UC Davis Comprehensive Cancer Center is located at 2279 45th St. in Sacramento. The Cancer Center houses adult and pediatric medical and Radiation Oncology services, outpatient infusion centers, a pain management clinic, pharmacy, lab, Cancer Resource Center and an auditorium and meeting rooms for patient support groups and education programs. Some patients may have some of their medical appointments in nearby buildings. Certain tests are also performed in nearby buildings.

For many patients, cancer treatment requires a hospital stay. UC Davis Medical Center is located at 2315 Stockton Boulevard, just across the street from the Cancer Center. The hospital is nationally recognized for the quality of its patient-care services.

## Infusion Center

The Adult Infusion Center is on the third floor of the Cancer Center. This is where patients receive chemotherapy, blood transfusions and intravenous fluids on an outpatient basis. Some infusion treatments take many hours. Juice and coffee are available to patients at no charge. If you will be at the Infusion Center for most of the day, you may want to bring snacks from home. Many patients also like to bring a book, personal CD or DVD player or a craft such as knitting to help pass the time. One adult family member or friend may stay with you during your infusion treatment.

Open 8 a.m. to 6 p.m., Monday – Friday, except holidays • 916-734-5959



### On-site pharmacy

Located on the first floor of the Cancer Center's South Building, the pharmacy can fill prescriptions related to cancer treatment and other prescriptions written by UC Davis doctors. The pharmacy staff has extensive knowledge about cancer-related medications and about private insurance, Medicare and Medicaid billing. Pharmacy staff work with oncologists and clinic staff on prescription refills, insurance authorizations, patient assistance programs, specialty pharmacy distribution and third-party logistics. The pharmacy also stocks hard-to-find oral cancer, self-injectible and pain medicines.

Open 9 a.m. to 5 p.m., Monday – Friday, except holidays • 916-734-5865

### On-site lab

The lab is located on the main floor of the Cancer Center's South Building in Room 1013 near the pharmacy. For your convenience, lab tests ordered by doctors outside the Cancer Center also can be handled here.

Open 8:30 a.m. to 5 p.m., Monday – Friday, except holidays • 916-734-5985

### Surgery

If your care will involve surgery, the surgery will take place either in UC Davis Medical Center's Outpatient Surgery Center or at the hospital. Your health-care team at the Cancer Center will make arrangements for your surgery.

### Nutrition

An oncology dietitian can help you maintain good nutrition during your treatment. For a referral, please talk to your nurse or doctor.

### Social support services: Psychosocial support

Our social workers are available to counsel and support patients and their caregivers during treatment and recovery. Social workers can also help patients and caregivers find resources available in the community. For a referral, please talk to your nurse or doctor or call 916-734-5959. Social workers are available from 9 a.m. to 5 p.m. Monday through Friday, except holidays. For self-referral to a social worker, call 916-734-5959.

### Social support services: Support groups

Support groups welcome new members or visitors. Experienced, compassionate nurses and social workers lead the groups. Please call 916-734-5959 or 916-734-5935 to see if we have a support group that sounds right for you. You can also find out about our support groups – as well as many other support groups around the region – at the Cancer Resource Center in the main lobby. Or, check our website for support group listings: [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu).

### Social support services: Peer navigators

Trained peer navigators can provide one-on-one ongoing support for up to six months. Please call 916-734-0823 for more information.

### Genetic counseling

In some cases, an individual's cancer is the result of an inherited gene mutation. Our licensed, board-certified genetic counselors can help patients assess their personal and family medical history to determine whether genetic testing is appropriate.

For information or to schedule an appointment, call 916-734-5959.



Writing as Healing is a program of free, weekly sessions open to patients, family members, friends, caregivers or health-care providers, who want to share their stories. This group is a supportive place for you to express yourself through writing.

## Additional programs and services

### Cancer Resource Center

UC Davis Comprehensive Cancer Center has a resource center for patients and others who would like to learn more about a cancer diagnosis or treatment. The resource center is on the second floor in the Cancer Center’s North Building. You’ll find free information pamphlets about many types and aspects of cancer. Computer workstations with Internet connections are also available for online information searches. Or, use our Information Search Service to ask one of our resource center staff to do research for you. The information you request will be mailed to you within two working days. For more information, please call 916-734-5959.

### Learn at Lunch

We offer a “Learn at Lunch” patient education series that is free and open to all cancer patients. Family members and caregivers are also encouraged to come. The sessions are held during the noon hour in the Cancer Center auditorium. Participants are encouraged to bring a bag lunch. Past sessions have addressed nutrition, exercise and managing side effects. Upcoming topics and dates are posted on our website at [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu). For more information or to reserve a seat at the next session, please call 916-734-0823

### Look Good ... Feel Better

How can you enhance your appearance during cancer treatment? This free program, offered by the American Cancer Society, will teach you everything you need to know. You’ll get tips on using wigs, turbans and scarves in innovative ways. You’ll also learn techniques to combat other treatment-related side effects, such as skin, facial and nail changes. In addition, each participant receives a complimentary, customized makeup kit to take home. For the date of the next session at UC Davis Comprehensive Cancer Center or for more information about the program, please call 916-734-5959 or visit our website: [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu). To sign up for a session, please call the American Cancer Society at 916-446-7933.

### Writing as Healing

These free, weekly sessions, offered periodically throughout the year, are open to patients, family members, friends, caregivers or health-care providers, who want to share their stories. This group is a supportive place for you to express yourself through writing. During group meetings, participants write and respond to each other’s creative work.

### Triumph Fitness

Triumph Fitness is a 12-week program specifically designed for adult cancer survivors who have recently completed treatment. Certified trainers provide personal, small-group instruction. The goal of Triumph is to help cancer survivors recapture their lives after cancer through exercise. The program is offered at no cost to participants. For details, visit <http://triumphfound.org> or call Savvy Health Solutions at 916-351-1313.



## Community resources

Many complementary services are offered to cancer patients throughout our community. We can help you find opportunities such as yoga and massage. Please call 916-734-0823 for assistance.

## Cancer Survivors Park

A short walk from the Cancer Center you'll find the Richard and Annette Bloch Cancer Survivors Park. Located at the southeast corner of Stockton Boulevard and 2nd Avenue, the park is intended as a place of hope and inspiration for anyone who has been affected by cancer.

## National Cancer Survivors Day

National Cancer Survivors Day is celebrated each year at the Cancer Center with several events that take place over a week in early June. The events for patients and their families conclude with a barbecue picnic, resource exhibits and booths, performances and activities.

## Food and lodging

### Cafeterias

UC Davis Medical Center, has a large cafeteria located inside the hospital main entrance and a coffee kiosk is located in the Tower lobby area.

UC Davis MIND Institute, 2825 50th St., has a small cafeteria on the second floor.

Lawrence J. Ellison Ambulatory Care Center, 4860 Y St., has a cafeteria on the ground-level floor.

Courtyard by Marriott, 4422 Y St., offers a lobby restaurant and bar.

Education Building, 4610 X St., has Scrubs Cafeteria, located on the first floor.

### Lodging

Courtyard by Marriott provides lodging at a special patient rate on request.

- 4422 Y St., 916-455-6800

Hotel Med Park provides lodging at a special patient rate on request.

- 2356 Stockton Blvd., 916-455-4000

Kiwanis Family House provides lodging for patients and loved ones living more than 35 miles from the hospital for \$40 per night; rooms for up to three people.

- 2875 50th St., 916-734-8299 (*Referrals are made by UC Davis staff*)

Ronald McDonald House provides lodging for families of pediatric patients.

- 2555 49th St., 916-734-4230 (*referrals*)

Patient housing is available (short- or longer-term) during treatment. Contact the UC Davis Medical Center Social Services Department for help with arrangements.

- 916-734-2583

## Additional amenities

### ATMs

Automated teller machines (ATMs) are located in the hospital cafeteria, inside the hospital's west entrance and in the cafeteria of the Lawrence J. Ellison Ambulatory Care Center.

### Gift shops

UC Davis Medical Center in the hospital main entrance lobby, near the cafeteria

Lawrence J. Ellison Ambulatory Care Center, 4860 Y St., on the main floor near the cafeteria

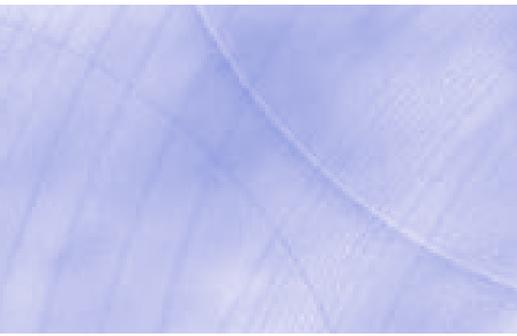
UC Davis Store, 2270 Stockton Blvd., is located across the street from the hospital

### Telephone

A telephone is located on the wall inside the south entrance of the Cancer Center

### Vending machines

Drink and snack machines are located near the rear entrance of the Cancer Center's South Building.



To get a message  
to your physician or  
nurse, please call  
916-734-5959

## Clinical services

### Adult Infusion Center

- Cancer Center third floor
- main number: 916-734-5959

### Adult Oncology Clinic

- Cancer Center second floor
- main number: 916-734-5959
  - FAX: 916-703-5265

### Cancer Center after-hours line

- 916-734-2011
- An operator will page the physician on call.  
In a medical emergency, dial 9-1-1.*

### Cancer Resource Center

- 916-734-5959

### Oncology Inpatient Unit:

- main number: 916-703-3080
- nurse manager: 916-703-3815
- clinical nurse specialist: 916-703-3021
- hospital: 916-734-2011

### Pediatric Hematology/ Oncology Clinic

- Cancer Center first floor
- main number: 916-734-5959

### Pediatric Infusion Center

- Cancer Center first floor
- main number: 916-734-5959

## Radiation Oncology Clinic

- Cancer Center's South Building,  
ground floor (*lower level*)
- appointment: 916-734-5810
  - FAX: 916-734-5110
  - nurse station: 916-734-5823

## Radiation Oncology referral office

- 916-734-1971 or 800-770-9275
- FAX: 916-734-5110

## Radiology

- Lawrence J. Ellison Ambulatory Care Center  
4860 Y St., Sacramento
- appointment desk: 916-734-0655

## Stereotactic radiosurgery

- 916-734-5823

## Other Cancer Center services

### Cancer Center Lab

- 916-734-5985

### Clinical trials

- 916-734-3089

### Genetic counseling

- 916-734-5959

### New patient referral office

- 916-734-5959 or 800-770-9261
- FAX: 916-703-5266

### Patient education programs

- 916-734-5959

### Pharmacy

- 916-734-5865

### Support groups

- 916-734-0823

### Transportation referrals

- 916-734-8299

### Wheelchair and escort

- 916-734-5959

### Additional resources

#### Guest assistance/patient relations

- 916-734-5527

#### Insurance and billing questions

- 916-734-9200 or 800-551-9411

#### Medical interpreting services

- 916-734-2321

#### Making a donation

- 916-734-9400

#### Public Affairs and Marketing

- 916-734-9040
- FAX: 916-734-9066

#### UC Davis Medical Center (hospital)

2315 Stockton Blvd.  
Sacramento, CA 95817

- main number: 916-734-2011
- Davis Tower: 916-703-3080

### Volunteering

- 916-734-2401

### Web address

- [cancercenter.ucdavis.edu](http://cancercenter.ucdavis.edu)

### Satellite offices

In addition to the Cancer Center in Sacramento, UC Davis offers some oncology services at UC Davis Medical Group sites in Rocklin and Elk Grove. Additional information is available by calling 916-703-5210.

#### Placer Center for Health

550 West Ranch View Drive  
Rocklin, CA 95765

#### UC Davis Medical Group, Elk Grove

8110 Laguna Blvd.  
Elk Grove, CA 95758

### Booklet feedback

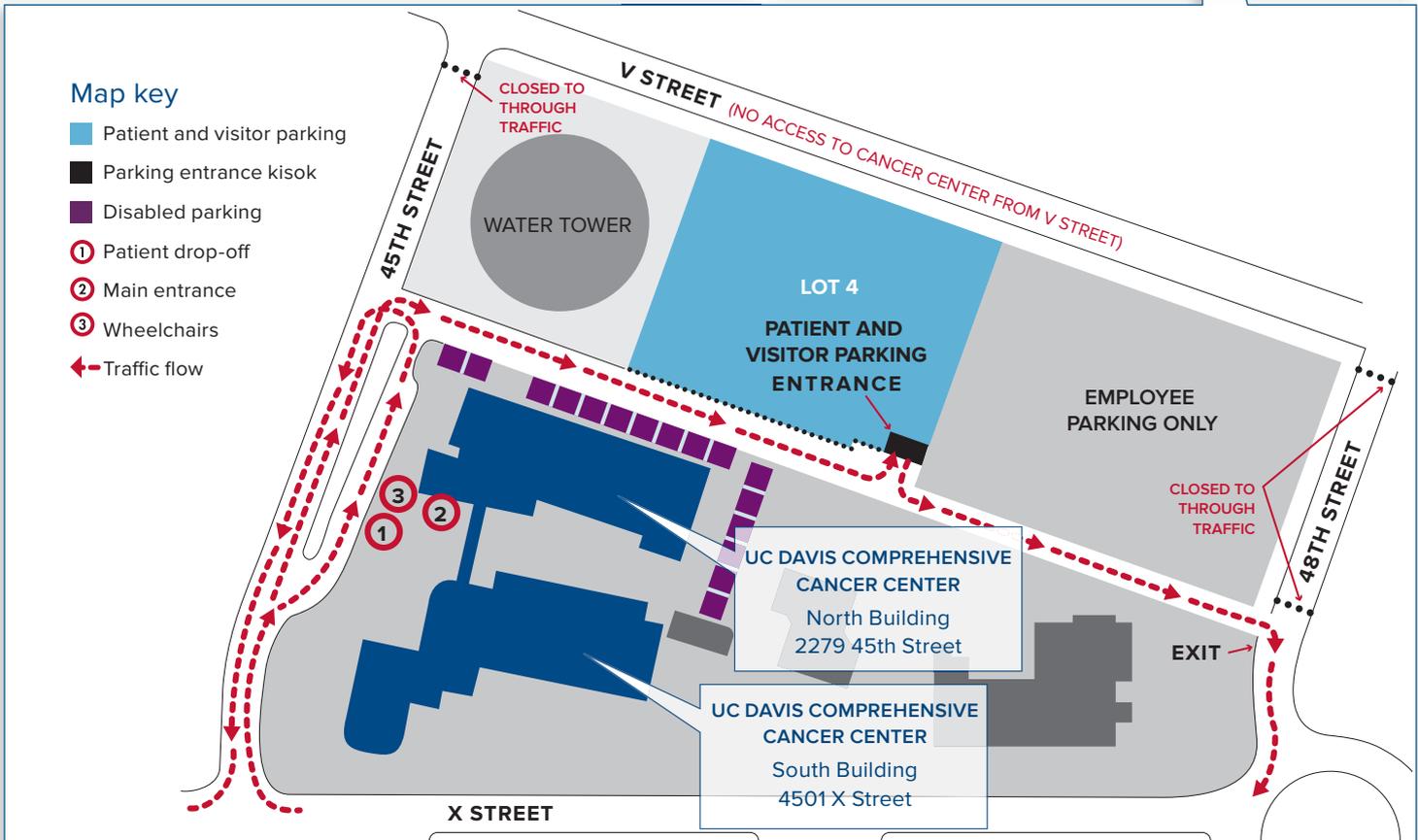
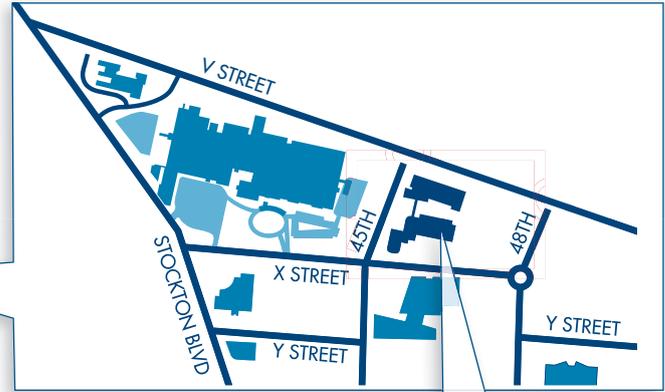
We hope the information in this booklet has been helpful. We welcome your ideas for improving it.

**Please e-mail your suggestions to:**  
**[hs-cancer.center@ucdavis.edu](mailto:hs-cancer.center@ucdavis.edu)**

or mail your suggestions to:

**New Patient Guide**  
**UC Davis Comprehensive**  
**Cancer Center**  
**2279 45th St.**  
**Sacramento, CA 95817**

Special thanks to the patients and medical staff who allowed their photographs and comments to be used in this booklet.



## Directions to the Cancer Center

**From the north:** Take I-5 South to Business 80-East. Proceed on Business 80 (*Capital City Freeway*) then exit onto Highway 50-East. From Highway 50, immediately take the 34th Street exit. Follow it to the end of the ramp, then turn left onto 34th Street. Proceed one block and turn right onto T Street. Proceed two blocks and turn right onto Stockton Boulevard. UC Davis Medical Center is on the left a few blocks down. Continue on Stockton Boulevard until you get to the traffic signal at X Street. Turn left on X Street, then left onto 45th Street to find the Cancer Center on the right.

**From the south:** Follow Highway 99 South to Sacramento. Take the exit toward Broadway. Turn right on Broadway. After several blocks, turn left onto Stockton Boulevard. Continue on

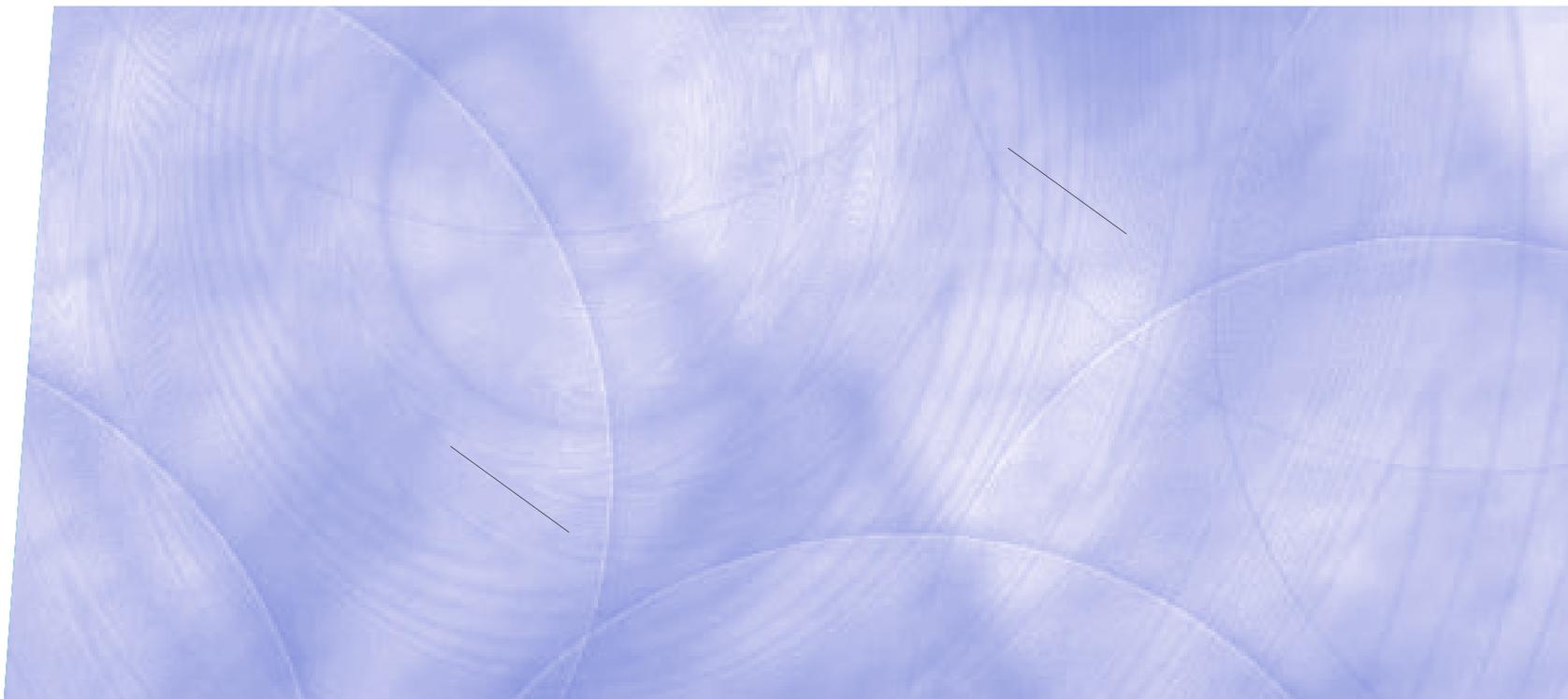
Stockton Boulevard. Turn right onto X Street, then left onto 45th street to find the Cancer Center on the right.

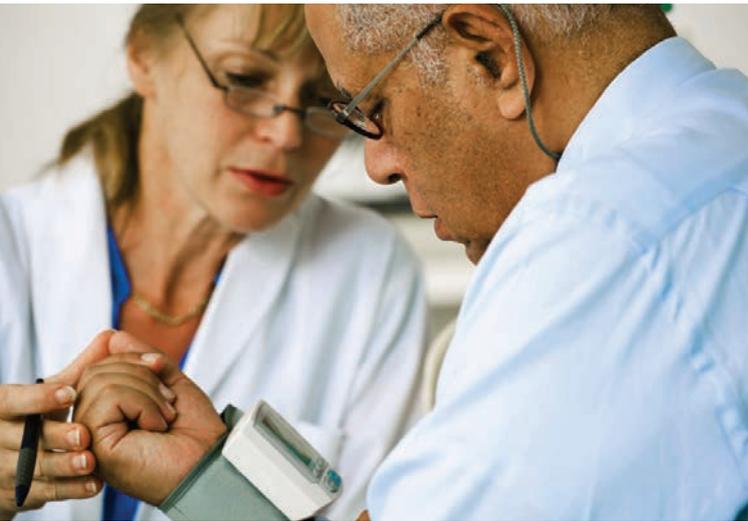
**From the northeast:** Take I-80 West to Business 80 (*Capital City Freeway*). From Business 80 exit onto Highway 50-East. From Highway 50, take the 34th Street exit. Follow it to the end of the ramp, then turn left onto 34th Street. Proceed one block and turn right onto T Street. Proceed two blocks and turn right onto Stockton Boulevard. UC Davis Medical Center is on the left a few blocks down. Continue on Stockton Boulevard. Turn left on X Street, then left onto 45th Street to find the Cancer Center on the right.

**From the east:** Take Highway 50-West. Exit at Stockton Boulevard. Go to the end of the ramp

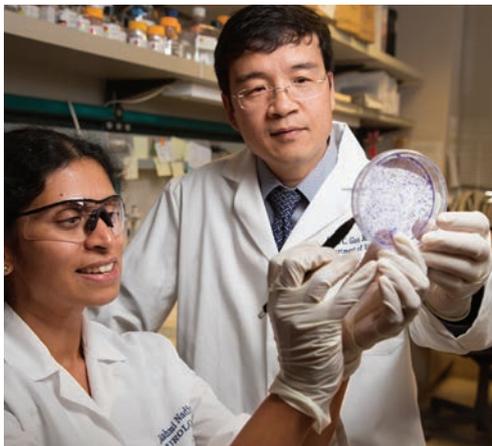
and turn left onto Stockton Boulevard. After a few blocks UC Davis Medical Center will be on your left. Continue on Stockton Boulevard. Turn left on X Street, then left onto 45th Street to find the Cancer Center on the right.

**From the west:** Take I-80 East towards Reno. From Business 80 exit onto Highway 50-East. From Highway 50, immediately take the 34th Street exit. Follow it to the end of the ramp then turn left onto 34th Street. Proceed one block and turn right onto T Street. Proceed two blocks, then turn right onto Stockton Boulevard. After a few blocks UC Davis Medical Center will be on your left. Continue on Stockton Boulevard. Turn left onto X Street, then left on 45th Street to find the Cancer Center on the right.





**UCDAVIS**  
**COMPREHENSIVE**  
**CANCER CENTER**



**UC DAVIS COMPREHENSIVE CANCER CENTER**

North Building: 2279 45th St., Sacramento

South Building: 4501 X St., Sacramento

Follow us on Social Media

