



UC Davis Hospice Young Adult Bereavement Art Group

This group is appropriate for any young adult, age 17 to 24 years old, who is coping with a death of someone close.

Groups are held twice a year and are at no cost to participants.

Topics to be covered during the eight sessions include:

- Acknowledging and understanding grief
- Expressing and accepting feelings
- Changing roles
- Coping and stress
- Developing supportive relationships

Group size is limited

This is a free service offered by the UC Davis Hospice Program and UC Davis Children's Hospital, along with a generous grant from Children's Miracle Network.

For more information or to register: Call 916-731-6867

**Young Adult Bereavement
Art Group**

**Groups may be held
virtually or in-person and
registration is required.**

**For more information or to
register, call:
(916) 731-6867**

**UC Davis Health
Home Care Services
3630 Business Drive, Suite G
Sacramento, CA 95820**

**UCDAVIS
HOSPICE**

**UCDAVIS
CHILDREN'S HOSPITAL**

Children's Miracle Network Hospitals partner 